



24HR VIRTUAL CARE *PLUS*



24HR Virtual Clinic offers you and your family **IMMEDIATE ACCESS** to licensed medical care 24 hours a day, 7 days a week, 365 days a year. You can get medical help by phone, app, or webcam when you can't see your regular doctor.

- ✓ NO Travel
- ✓ NO Appointments
- ✓ NO Waiting Rooms
- ✓ NO Medical Bills

When to use the 24HR Virtual Clinic? Do you...

- Need medical advice NOW?
- Need a non-narcotic prescription or refill?
- Have a sick child, spouse, or significant other?
- Can't miss work or school?
- Away from home, anywhere in the United States* for business or leisure?
- Too sick, too late, holiday or after hours to reach a doctor?
- Need medication while you're away from home?
- Want medical advice from a live doctor instead of the internet?

- Allergies
- Bronchitis
- Cold /Flu
- Ear Infection
- Fever
- Headache
- Skin Infection
- Sore Throat
- Stomach-ache
- UTI/Yeast Infection



Disclaimers:

24HR Virtual Care™ telemedicine consultations are provided by MyTelemedicine. MyTelemedicine provides online medical consultations with physicians who can write prescriptions when medically necessary and permitted by state law. MyTelemedicine is not a replacement for your primary care physician or an annual doctor's office visit.

*Prescriptions cannot be written for controlled substances or elective medications.



Right on-time Virtual Emotional & Behavior Health Consultations

Though, getting help when concerning your emotional health can be difficult, 24HR Virtual Clinic brings solutions to your fingertips - by phone, app, or webcam from the privacy of your own home.

Access to consult with a clinician for confidential help 24/7, when:

- ❖ Stress sets in
- ❖ Feeling alone
- ❖ Not knowing where to turn
- ❖ Feel uncomfortable asking for help

24HR Virtual Clinic™ Virtual Emotional Health Solutions include:

- 24/7/365 inbound coverage to a behavioral health clinician
- Telephonic access to consultations up to 30 minutes in duration
- Up to 3 consultations per individual per year
 - ❖ After an individual participant (i.e., an individual employee or family member) calls in 3 times a year for the same specific issue, our clinician may make recommendations and provides guidance to available resources, i.e., EAP, health plan, local provider, etc.

Disclaimers:

24HR Virtual Emotional & Behavior Health Consultations

Any child under the age of 18 must have a parent initiate service, i.e., a parent is on the initial call. And the parent is included in the care coordination and case management. Children 18 and over can initiate services on their own and does not require consent from a parent.



ValuScript is a discount prescription membership program that offers honest and transparent pricing that will create significant savings at over 65,000 retail pharmacies.

Our mission is to build a healthier tomorrow by providing affordable prescriptions today! We are committed to offering first class customer service by educating our patients on their medications and informing them if low-cost alternatives are available at local pharmacies.

Membership Features:

- Top 50 Medications Prescribed are on ValuScript's Formulary
- All Prescriptions **under \$5 are Free**
- Unlimited Savings
- No Waiting Period

How to Use:

Simply present your **ValuScript** membership card with a valid prescription at a participating pharmacy for the savings to be applied!

Diabetic Care:

Diabetic supplies are available with your membership and delivered directly to you for initial and recurring needs. Additionally, you have unlimited access and continued savings on lancet devices, lancets, and control solutions.

Features:

- **Savings up to 70%** on test strips, lancets, lancet devices, control solution, syringes, pen needles, and more
- Complimentary Diabetic Starter Kit when ordering your Redi Code Test Strips (50 count)*
- Glucometer with no coding required and holds up to 450 real time test results - **Only \$15**

ValuScript is a prescription membership, not insurance.

Cost based on generic prescriptions up to a 30-day supply.

This is NOT insurance. Prices are not guaranteed due to varying by prescription specifics and location. To find your exact price, please contact the pharmacy and request the pharmacy to process the information shown on your membership card to confirm the price.

ValuScript provides no warranty for any pricing data or other information. We are not sponsored by or affiliated with any of the pharmacies identified in our price comparisons.

All trademarks, brands, logos and copyright images are property of their respective owners and rights holders. All data provided is for informational purposes only and is not meant to be a substitute for professional medical advice, diagnosis or treatment. Please seek medical advice before starting, changing or terminating any medical treatment.

Discount Dental

Careington POS Dental Network

Members may take advantage of savings offered by an industry leader in dental care. Careington International Corporation is one of the most recognized professional dental networks in the nation and boasts one of the largest dental networks nationally with a focus on neighborhood dentists. Careington networks are a leader in member-transparent pricing with robust fee schedules.

Plan Features

- Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings and major work such as dentures, root canals and crowns.
- 20% savings on orthodontics including braces and retainers for children and adults
- 20% reduction on specialists' normal fees. Specialties include Endodontics, Oral Surgery, Pediatric Dentistry, Periodontics and Prosthodontics where available.
- Cosmetic dentistry such as bonding and veneers also included
- All dentists must meet highly selective credentialing standards based on education, background, license standing and other requirements.
- Members may visit any participating dentist on the plan and change providers at any time.

How to Access Your Discount Dental Savings:

- **Step 1:** To locate a participating provider, please call **(800)290-0523** or visit **www.careington.com** to access the online provider search.
- **Step 2:** When scheduling an appointment, please inform the participating provider's office you are a member of the Careington Dental Network.
- **Step 3:** Please present your Careington ID card upon arrival to receive savings.
- **Step 4:** The provider will obtain payment at the time of service. You will be responsible for paying the total bill, less the applicable savings, when service is provided.

Sample Savings

Procedure Description	Regular Cost*	Plan Cost**	Savings Amount	Savings %
Adult Cleaning	\$132	\$63	\$69	52%
Child Cleaning	\$94	\$46	\$48	51%
Routine Checkup	\$78	\$33	\$45	58%
Extensive Oral Exam	\$136	\$56	\$80	59%
Four Bitewing X-Rays	\$89	\$42	\$47	53%
Composite (White) Filling	\$210	\$98	\$112	53%
Crown (porcelain fused to noble metal)	\$1,498	\$804	\$694	46%
Complete Upper Denture	\$2,152	\$1,067	\$1,085	50%
Molar Root Canal	\$1,459	\$777	\$682	47%
Extraction (single tooth)	\$255	\$109	\$146	\$146

* Regular cost is based on the average of the 80th percentile usual and customary rates as detailed in the 2018 FAIR Health Report in the Los Angeles, Orlando, Chicago and NYC metropolitan areas.

** These fees represent the average of the assigned POS fees in the Los Angeles, Orlando, Chicago and NYC metropolitan areas.

Prices subject to change.

THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance. This plan does not meet the minimum creditable coverage requirements under M.G.L. c. 111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at www.careington.com.

A written list of participating providers is available upon request. Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

This plan is not available in Vermont.



Discount Vision

VSP Vision Savings Pass

VSP Vision Savings Pass is a discount vision program that offers savings+ on eye care and eyewear. With the best choices in eyewear, VSP makes it easy to find the perfect frame that's right for you. Members can choose from great brands like Anne Klein, bebe®, Calvin Klein, Flexon®, Lacoste, Nike, Nine West and more.*

With This Program You Will Receive

- Access to discounts through a trusted, private-practice VSP doctor
- One rate of \$50 for eye exams**
- 15% savings on contact lens exams***
- Special pricing on complete pairs of glasses and sunglasses
- Unlimited use on materials throughout the year
- Exclusive Member Extras and special offers

How to Access Your Discount Vision Savings:

- **Step 1:** To find a VSP doctor, call **(800)877-7195** or visit **www.vsp.com**.
- **Step 2:** At your appointment, tell your VSP doctor that you're a VSP member for immediate savings on eye exams and eyewear.

Service	Reduced prices and savings
WellVision Exam® (Once every calendar year)	\$50 with purchase of a complete pair of prescription glasses 20% off without purchase.
Retinal Screening	Guaranteed pricing with WellVision Exam, not to exceed \$39
Lenses (With purchase of a complete pair of prescription glasses)	Single vision \$40 Lined trifocals \$75 Lined bifocals \$60 Polycarbonate for children \$0
Lens Enhancements	Average savings of 20-25% on lens enhancements such as progressive lenses and scratch-resistant and anti-reflective coatings.
Frames	25% savings on the purchase of a complete pair of prescription glasses
Sunglasses	20% savings on unlimited non-prescription sunglasses from any VSP doctor (Within 12 months of your last WellVision Exam)
Contact Lenses	15% savings on contact lens exam (fitting and evaluation)

LCA–National Lasik Network

Serving you with Choice, Quality and Savings

- LasikPlus, the featured provider, offers \$800 savings on custom LASIK with free enhancements for life PLUS a free LASIK exam, over \$100 in value.
- When you choose any of the over 600 nationwide locations++, you will receive discounts of 15% off standard prices or 5% off promotional prices.
- Call **(866)921-2106**, or visit **www.careingtonlasik.com** for more information.

*Brands subject to change

**This cost is only available with the purchase of a complete pair of prescription glasses; otherwise you'll receive 20% off an eye exam only.

***Applies only to contact lens exam, not materials. You're responsible for 100% of the contact lens material cost.

+Not available in WA.

++Product not available in MT.

This plan is not insurance.



Discount Lab Testing

How to Use Your FairPrice Labs Member Card

1. Go to: <https://www.fairpricelabs.com/lab-card> Residents of NJ, NY & RI, please refer to special instructions in footnote.*
2. Register your card to activate the additional discounts provided in your membership.
3. You MUST PAY for your labs online prior to having them completed at a Quest Diagnostic Patient Draw Center.
4. **Enter your ID number (FMA830) in the coupon at checkout.** You will receive an order confirmation by e-mail.
5. You will receive a second email from Fair Price Labs with your Physician Signed Lab Order. Print and take this order to your appointment or scan and take in your phone.



400% Average Savings!

Lab Name	Fair Price Labs	Quest Diagnostics Cash Price	Hospital/Physician Point of Care Pricing
CBC	\$15	\$45.50	\$83
CMP	\$15	\$65.08	\$89
DHEA	\$39	\$128.23	\$240
TSH	\$20	\$130.49	\$175
UA Complete	\$15	\$47.59	\$79
Estradiol	\$49	\$223.85	\$299
PSA Total	\$35	\$148.48	\$295
Testosterone Total	\$30	\$197.97	\$401
Cholesterol Total	\$15	\$39	\$89
A1C	\$19	\$74.25	\$159
Hepatic Function Panel	\$25	\$74.36	\$179
Testosterone Free & Total	\$125	\$283.46	\$1,200
Total Cost	\$402	\$1,458.26	\$3,288
Member Cost with Discount	\$361.80	\$1,458.26	\$3,288

Find a Test Center

- <https://appointment.questdiagnostics.com/patient/confirmation>
- Find a Test Center: **(888)845-2283**, or email careteam@fairpriceMD.com.

*For NY, NJ, and RI: Online Individual Lab sales are not permitted. A Member's Physician may request labs to be completed by faxing a Physician's Lab to (931)313-5797



24HR VIRTUAL CARE *PLUS*

Monthly Membership Price

A dark blue rounded rectangular price tag with a white person icon in a green circle on the left. The text inside the tag reads: 'Member +Family' in white, followed by '\$ 39.95' in a large white font, and 'per month' in a smaller white font below it.

CONTACT US

Phone:

Email: